

ZERO TOLERANCE FOR GBV

ATTENTION

ALL FIRST YEAR STUDENTS AND RETURNING STUDENTS
LET US WORK TOGETHER TO STOP GBV IN THE UNIVERSITY SPACE



Did you know?



01

Your Body, Your Choice:

No one has the right to demand sexual favours in return for opportunities or resources.

03

Zero Tolerance for Abuse:

The University has strict measures against anyone engaging in coercion or exploitation.

02

Know Your Rights:

Sexual exploitation is a violation of university policies, South African law, and, most importantly, a violation of a person's dignity, autonomy, and rights.

04

Speak Up, Seek Help:

If you experience or witness such behaviour, report it immediately.



Report incidents to the university's **TRANSFORMATION OFFICE** or **PROTECTION SERVICES** and access counselling and support services as needed.



Transformation Office: 041 504 2326
or visit our website.



Protection Service: 041 504 2009

George Campus Protection Services:

044 801 5183/ 044 801 5050

Student Health Service (Clinics)

Gqeberha Campus: 041 504 2174

George Campus: 044 801 5062

For Staff: info@wellwork.co.za



Know the policies protecting you against sexual harassment and exploitation or other relevant resources please visit our website.



The safety and wellbeing our Nelson Mandela University staff and students is of utmost importance.

Emergency toll-free numbers for

Nelson Mandela University:

Gqeberha Campus: 080 050 4911

George Campus: 080 080 1911



PLEASE SCAN THIS CODE TO VIEW OUR WEBSITE

Transformation Office

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Know the Risks:



Say No to Exploitation and Transactional Relationships!

01 What Are Transactional Relationships?



- Relationships where money, gifts, favours and support are exchanged for companionship or sexual activities.
- whereby older individuals exploit younger students, this includes the "ama-blesser" phenomenon

02 The Hidden Costs:



- Loss of independence and control over your choices.



Increased Vulnerability to GBV: GBV includes physical violence, sexual violence, emotional abuse, economic abuse, and intimate partner violence.

- Long-term psychological and health consequences.
- Negatively impact your studies and potential loss of funding opportunities

03 Say No to Exploitation:



- These relationships often blur the lines of consent and perpetuate GBV.
- They can create power imbalances that strip away your autonomy and dignity.

04 Empower Yourself:

- Value your worth beyond material
- Build relationships based on mutual respect and equality.



05 Know the Signs of Exploitation:

- Pressure to engage in activities you're uncomfortable with.
- Controlling or manipulative behaviour masked as "support."

→ **Speak Up:** Report exploitative behaviour to the university's GBV Transformation Office and Protection Services.

→ **Seek Help:** Access support services for guidance and counselling.

→ **Educate Yourself:** Learn about healthy relationships and the dangers of exploitation by visiting the Transformation Office website and to also access other relevant resources.

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UNDERSTANDING CONSENT IN THE UNIVERSITY SPACE

CLEAR

FREELY
GIVEN

ONGOING

01

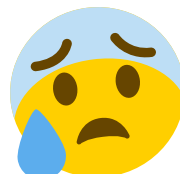
What is Consent?



- An enthusiastic, **"CLEAR YES"** to engage in any activity.
- It is freely given without pressure, manipulation, or fear.

02

What Consent Is Not:



- Silence or the absence of a "no."
- Coercion, threats, or force.
- Given under the influence of alcohol or drugs.

03

Remember:



- Consent can be withdrawn at any time.
- Past consent does not mean future consent.
- Consent is required in all situations, including relationships.



"If it's not a **"CLEAR YES"**, it's a **"NO"**."



Respect boundaries. Ask for and give consent.



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Did you know?

One of the reasons that some people don't report GBV is because of the lack of knowledge and fear of Judgement.

Unsure About a Situation? Trust Your Instincts – Support is Here!

If you're uncertain about whether you've experienced gender-based violence (GBV) or feel there may have been a misunderstanding, mistake, or lapse in judgment, it's crucial to seek help and guidance.

01 What to Do If You're Unsure About GBV:

- Reflect on how the situation made you feel.
- Trust your instincts—discomfort or unease is a valid signal.
- Speak to someone you trust or contact university support services.

02 What Is GBV?

- GBV includes acts like harassment, sexual advances, assault, or exploitation.
- If you feel unsafe or violated, it's important to reach out for help.

03 You Are Not Alone:

- It's okay to seek clarity if you're unsure whether a violation occurred.
- Support services are available to help you understand your experience and guide you through your options.

04 Where to Get Help:

- Contact the [University Transformation Office/Support Services].
- Speak confidentially with a trained counsellor or advisor at ulleta.marais@mandela.ac.za.



If you're feeling uncertain about a situation, don't wait. Reach out for support and be informed today.



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Beware of Predatory Behaviour



Stay Safe – Beware of Predatory Behaviour on Campus

As a first-year student, it's important to be aware of predatory behaviour and know how to protect yourself. Predators may use manipulation, coercion, or promises of support in exchange for sexual favours, financial benefits, or other exploitative acts.

01 What is Predatory Behaviour?

- Predators may target you through offers of help, friendship, or favours.
- They often use power dynamics, such as offering resources like accommodation, food, or academic assistance, in exchange for sexual favours or exploitation.

02 Signs of Predatory Behaviour:

- Unwanted attention or pressure for personal favours.
- Promises of things you need (like funding or accommodation) in exchange for something you're uncomfortable with.
- Any situation where your boundaries are not respected.

03 Protect Yourself:

- Trust your instincts – if something doesn't feel right, it probably isn't.
- Set clear boundaries and stick to them.
- Don't be afraid to say no, even if you feel pressured.
- Speak up if you or someone you know is being targeted.

04 What to Do If You Experience Predatory Behaviour:

- Reach out to the University Transformation Office
- Talk to a trusted friend, counsellor, or advisor.



Stay alert and stay safe – if you experience or witness predatory behaviour, seek help immediately.



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Stay Safe



TRANSPORT SAFETY FOR FIRST YEAR AND RETURNING STUDENTS AGAINST GBV

Travel Smart, Stay Safe – Protect Yourself from GBV

Whether you're a first-year student or returning to campus, transport safety is a crucial part of protecting yourself from gender-based violence (GBV). Be aware of your surroundings and take steps to ensure your safety when traveling to and from campus.

01 Transport Safety Tips:

- Always use trusted and official transport services (e.g., university shuttles, registered taxis).
- Avoid traveling alone at night, especially in isolated or poorly lit areas.
- Plan your route in advance and share your travel plans with a friend or family member.
- If you feel uncomfortable or unsafe, trust your instincts and seek help.

02 Signs of Potential GBV on Transport:

- Unwanted attention, comments, or physical contact from strangers or fellow passengers.

- Offers of free rides or promises of assistance that seem too good to be true.
- Any situation where you feel pressured or unsafe.
- When using public transport, particularly taxis, it's essential to be cautious about the environment and who is present in the vehicle. Entering a taxi where you are the only passenger can expose you to significant risks.

03 What to Do If You Feel Unsafe During Travel:

- Move to a public area or a place where there are people around.
- Call a friend or use your phone to alert someone about your location.
- Contact campus security or the relevant authorities immediately.



04 Protect Yourself on Public Transport:

- Sit near the driver or in well-populated areas.
- Be cautious when accepting offers of assistance from strangers.
- Keep your belongings secure and avoid distractions like loud music or looking at your phone.



→ Travel with caution, stay aware, and don't hesitate to seek help if you feel unsafe. Your safety matters.

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